

# MARIA NUNES ON HOW TO START A NEW CAREER WITH AN OPEN MIND

## 1. GIVE YOURSELF PERMISSION TO NOT KNOW

“Once I did that, I allowed myself the freedom to discover, take risks, make mistakes. That’s how you learn.”

## 2. LEAVE YOUR PRIDE BEHIND

“I had to remind myself each morning to be modest. And remind myself that I’m here because I chose to do this. You can’t have it both ways.”

## 3. BE SECURE WITH YOUR BEGINNER STATUS

“You never really start at zero. You have all the strengths and life experience you earned from your previous career.”

## 4. TAKE IT DAY BY DAY

“You have to pay your dues all over again. If you’re changing because it’s what you want to be doing, that will carry you through.”

## 5. MAKE THE MOST OF IT

“You don’t want to close yourself off and just apply what you’ve done before in your new setting.”

